SANFORD HARMONY
Changing the World
One Classroom at a Time...
“I’ve been involved with many different philanthropic causes, and few have been as satisfying as seeing the way Sanford Harmony brings people together on so many levels, from universities to schools, teachers and parents.

At the center of it all are the students, who are learning to communicate, work together and respect each other in new ways that foster greater academic achievement and connection to school. The skills they develop will have a lasting impact into adulthood, and that’s what Sanford Harmony is ultimately about – helping to create a better tomorrow.

Sanford Harmony supports the great work being done by the education and nonprofit sectors, providing opportunities to touch even more children’s lives and creating a legacy for future generations. We’re turning a dream of mine into a reality, and you’re going to take it forward and change the world.”

T. Denny Sanford
Entrepreneur and Philanthropist
Sanford Harmony:  
Changing the World One Classroom at a Time...

Imagine a classroom where students are empowered to:

- **Communicate.** Learn relationship skills that promote self-confidence and respect.
- **Cooperate.** Work cooperatively and collaboratively with others.
- **Connect.** Develop an increased sense of connection with their peers.
- **Embrace diversity.** Learn to appreciate similarities and differences.
- **Resolve conflict.** Develop positive conflict resolution strategies that will last a lifetime.
- **Build healthy relationships.** Helps to reduce stereotyping, teasing, harassment and bullying.

Now imagine all this can take place in your classroom in as little as 15 minutes a day – using tools and materials that align with Common Core strategies and easily integrate with your schedule and curriculum.

Welcome to Sanford Harmony, the social-emotional learning program that builds stronger classroom relationships so you can spend less time managing troublesome classroom behavior and more time teaching!
Building Connected, Inclusive Classrooms

Sanford Harmony provides relationship building strategies that foster stronger classroom communities by helping each child understand and appreciate the diversity in others.

By breaking down barriers to relationships, Sanford Harmony enables students to connect and collaborate with others at much deeper levels. Children feel more comfortable and connected in their classrooms, leading to a more effective teaching environment that promotes more harmonious interactions and supports improved academic achievement.

Creating a Positive Learning Environment

Sanford Harmony is available to schools free of cost through the Sanford Education Center. Currently used in thousands of classrooms across the U.S., the program:

- Is designed for students in grades Pre-K through 6th
- Improves student cooperation, collaboration and problem solving
- Helps to reduce teasing, bullying, and aggression
- Establishes trust and encourages connection and empathy
- Promotes harmonious peer-to-peer relationships
- Includes materials for parent communication

Sanford Harmony teaches relationship skills that produce immediate and lasting results, helping teachers build connected, inclusive classrooms where children are motivated to learn.
Created by Educators

Sanford Harmony was developed and researched by educators at the Denny Sanford School of Social and Family Dynamics at Arizona State University (ASU). Researchers sought to identify practical methods for reducing relational conflicts in the classroom while increasing student confidence, relationship skills and academic excellence. Incorporating best practices developed through their research, they created Sanford Harmony to achieve these goals by teaching understanding and empathy through classroom discussions, stories, activities and lessons.

Supported by Research

Sanford Harmony was first introduced into elementary schools in 2008. Initial research conducted by ASU indicates positive results, including improvements in student academic achievement and empathy, as well as a decrease in bullying, teasing, aggression and stereotyping. Current studies to measure the efficacy of Sanford Harmony are being implemented by the Sanford Education Center’s collaborative partners.

Impressive Results

Preliminary results from a pre-post study conducted in 15 intervention classrooms (368 5th-grade students) and 14 control classrooms (259 5th-grade students) showed measurable increases in achievement, empathy and other positive student behaviors.

Martin, Fabes, Hanish, Baertner, Miller, Foster, and Updegraff (2014)
How It Works

Teachers can easily integrate Sanford Harmony practices into classroom activities.

Meet Up

A forum where students gather to build a supportive learning community where all students feel connected and valued in their classroom, Meet Up includes:

- Activities to connect and build inclusive relationships
- Establishing and monitoring classroom goals
- Exchanging experiences and ideas
- Solving problems
- Building a positive classroom identity

Buddy Up

A peer buddy system that intentionally creates opportunities for diverse students to get to know one another and form connections that promote:

- Understanding commonalities and embracing differences
- Empathy and understanding
- Kindness and support
- Collaborative problem solving
- Confidence in expression
Activities for Everyday Practices

Meet Up and Buddy Up strategies incorporate age-appropriate activities that enhance students’ opportunities to work, create, and problem solve together:

- Conversations
- Collaborations
- Quick connections
- Mini-projects

Teacher Toolkit

Sanford Harmony teacher toolkits include materials that are flexible and easy to integrate into classrooms:

- Guide to Everyday Practices
- Teacher binder with lessons and activities for all five themes
- Pre-K - 2nd grade storybooks
- 3rd - 6th grade games
- Quick Connection Cards
- Online video training modules
Designed with Teachers in Mind

Sanford Harmony can be easily implemented into your classroom, and optimizes your community building strategies.

• Employs familiar strategies like “morning meetings or circle time” for easy introduction.
• Provides all lessons, activities and storybooks at no cost to your school.
• Supports Common Core state standards.
• Can be implemented in as little as 5 to 15 minutes a day.
• Offers training and support materials, including online videos.
• Supports improved academic achievement.

Most important, Sanford Harmony works!

Utilizing the everyday strategies, lessons and activities on a regular basis will produce immediate and lasting positive changes in your classroom.

The Perfect Fit for Every Classroom

Sanford Harmony allows you to introduce the materials, lessons and activities in a way that meets the unique needs of your students and classroom.
Nurturing Student Success

Today’s elementary school classrooms are more diverse than ever. Sanford Harmony promotes positive interactions and experiences with diverse peers by breaking down barriers to friendship and teaching important relationship skills. Children become more focused and connected, resulting in improved academic performance and more constructive relationships both in and outside of the classroom.

Sanford Harmony helps your students learn to:

- Communicate effectively
- Build healthy peer relationships
- Positively resolve conflicts
- Embrace diversity
- Engage in global citizenship skills

“Sanford Harmony has taken a step-by-step approach to building a strong foundation and wrapped it up in a beautiful package. All the lessons are so easy to follow and implement that I was able to advantageously use my time to build academics.”

Cathy Georgianna, Kindergarten Teacher
Cooper City Elementary School

Sanford Harmony helps children develop a love of learning and sets the stage for positive relationships throughout a lifetime.
Your Partner In Success

To bring Sanford Harmony to your school or community, contact an Ambassador who will help you get started. Our Ambassadors, educators and trained professionals, will work directly with you to introduce Sanford Harmony into your classroom, school or district.

Your Ambassador will also serve as the primary liaison between Sanford Harmony and you, your school and district administrators, and will provide training, teacher materials and ongoing program oversight, feedback and support.

Together We Can Change the World

By helping children develop better relationship skills, Sanford Harmony:

- Helps to reduce conflict in the classroom
- Puts the focus on academic achievement
- Allows teachers to teach and students to learn

With your passion for bringing out the best in your students and our support, we can make a difference.

Join the movement and help us change the world... one student, one teacher, one classroom at a time!

Contact Sanford Harmony to Get Started Today:

844.480.4500 sanfordharmony@nu.edu sanfordharmony.org

“Sanford Harmony is transforming the lives of children in classrooms each and every day, creating the foundations of a healthier, more collaborative society.”
T. Denny Sanford
“Sanford Harmony is giving our children new strategies to interact with one another. They are expressing themselves with words instead of just reacting to the situation.”

Robyn Bowman, Preschool Manager