The intention with this activity is to learn more about each other based on how you would face different situations.

**Divide cards into three piles** — Act it Out, Be Cool, and Do You Get Me?

In groups of two to four players, take turns rolling the dice. Follow the chart to determine which card to select.
One or two = Act it Out — The goal is to try to get your team to say the word on the card. You can make faces, or describe a situation that would cause the emotion. If they guess correctly in fewer than five guesses, keep the card.

Three or four = Do You Get Me? Read the situation on the card. Write down your answer on paper and keep it hidden.

Five or six = Be Cool — Read the situation on the card aloud. Each group member writes down the word to describe how they would respond. Then, share your answers with one another. If someone’s answer is the same as yours, keep the card.

When the cards have all been taken, the activity is over. Share with your group your favorite card. Discuss whether you feel like your group, “gets you.” Why is it important to understand others’ points of view?
Happy
SANFORD HARMONY™
ACT IT OUT
Disappointed
Confused
SANFORD HARMONY™
ACT IT OUT
Embarrassed
Afraid
Sad
SANFORD HARMONY™
ACT IT OUT
Uncomfortable
Worried
SANFORD HARMONY™
ACT IT OUT
Proud
Annoyed
SANFORD HARMONY™

DO YOU GET ME?
Your teacher asked you to do a role-play in front of the class.

a.) You were excited because you enjoy acting and speaking in front of the class.

b.) You wished your teacher didn’t ask you because you get nervous speaking in front of the class.

c.) You were excited to do the role-play but nervous that you might mess up in front of the class.
You had to miss gym because you forgot to bring tennis shoes to school.

a.) You were frustrated because you were excited to play the game that the teacher had planned.

b.) You were happy because you don’t like gym.

c.) You were both happy and nervous. You wanted to miss gym but were nervous that you would get in trouble.
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DO YOU GET ME?
Your parents asked you if you wanted to go to overnight camp for two weeks this summer.

a.) You were excited to have the chance to go to overnight camp.

b.) You didn’t want to go – you were too nervous to be away from home for two weeks.

c.) You were excited and nervous. You thought camp would be fun but were worried you would miss home too much.
Your teacher asked you to help organize papers in the classroom during free time.

a.) You enjoy helping out and were happy that your teacher asked you.

b.) You were sort of annoyed because you were looking forward to hanging out with your friends.

c.) You were happy to help the teacher but were also a little disappointed because you wanted to hang out with friends.
SANFORD HARMONY

DO YOU GET ME?
The fifth-grade teachers were planning an end-of-the-year school trip. You heard that the trip would either be to the zoo or to the baseball game.

a.) You love animals and were hoping for a zoo trip.

b.) You really like baseball and were hoping to go to the game.

c.) You don’t like the zoo or baseball so you were planning on missing the trip.
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DO YOU GET ME?
While you were in the cafeteria, two of your close friends got in an argument.

a.) You felt that it was your responsibility to help them work it out so you suggested solutions to them.

b.) You thought that it was none of your business so you stayed out of it.

c.) You were not sure what to do about the situation so you asked another one of your friends for advice.
You got an A on your essay and your teacher read it in front of the class.

a.) You felt proud that you were recognized for the hard work that you did on your essay.

b.) You were embarrassed and wished that your teacher asked you before reading it.

c.) You were proud of your grade but wished your teacher didn’t read your essay to the class.
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DO YOU GET ME?
You saw a classmate take money out of another classmate’s desk. Your teacher asked if anyone saw the money.

a.) You believe that you have a responsibility to tell the truth, so you told the teacher that you saw a classmate take it.

b.) You believe that it is none of your business and decided to say nothing.

c.) You told the student who took the money that he/she should return it.
Your friend was upset and wanted to talk to you during recess. But, you already promised other friends that you would play a game with them.

a.) You told your friends that you can’t play the game because you wanted to make sure that your friend was okay.

b.) You didn’t want to break a promise so you told your friend that you would talk after school.

c.) You asked your friend to play the game with you and said that you would talk about the problem later.
SANFORD HARMONY™

DO YOU GET ME?
You were at the mall with your friends. Some of your friends wanted to go shopping at Aeropostale and some of your friends wanted to play video games at the arcade.

a.) You love shopping and decided to go to Aeropostale.

b.) You love video games and decided to go to the arcade.

c.) You don’t like shopping or video games so you asked one of your friends to get a snack with you.
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BE COOL
You are always the last one picked for team activities during P.E. class.
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BE COOL
You receive a low grade on a test that you studied really hard for.
SANFORD HARMONY™
BE COOL
You got the highest grade in your class on a math test.
SANFORD HARMONY™

BE COOL
One of your parents is sick and you are really worried.
SANFORD HARMONY™
BE COOL
Just before you came to class your favorite pet passed away.
SANFORD HARMONY™

BE COOL
Your mother won’t let you sleep at your friend’s house this weekend even though all of your other friends will be there.
SANFORD HARMONY™

BE COOL
You won an award at the school assembly.
SANFORD HARMONY™

BE COOL
You tried out for the soccer team and didn’t make it.
SANFORD
HARMONY™
BE COOL
You just found out that you are going on a really fun family vacation this summer.
SANFORD HARMONY™

BE COOL
You forgot to do your homework and got in trouble in front of the class.